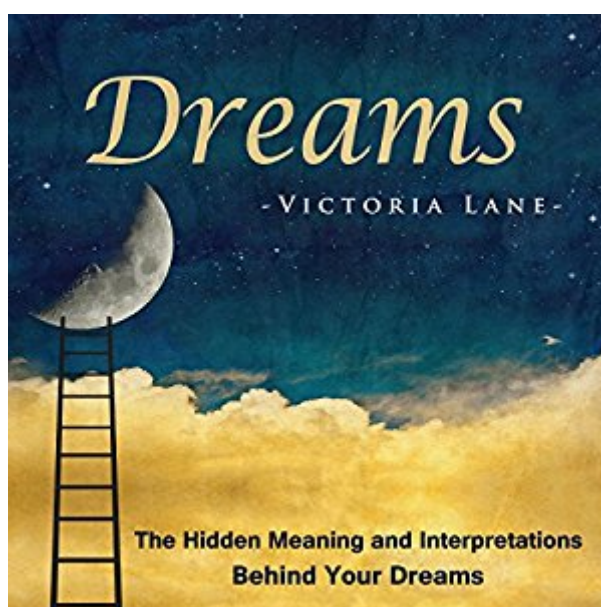


The book was found

Dreams: The Hidden Meaning And Interpretations Behind Your Dreams: Dream Interpretation - Learn About What Goes On Inside Your Head While You Sleep



Synopsis

This book will help you discover the hidden meaning behind your dreams through the power of dream interpretation.... The information contained in this book is a result of some extensive research and interviews with dream experts. It therefore serves as a resourceful guide for dreamers, hobbyists, and even dream professionals. The world of dreams is a fascinating one, and the user-friendly format of the book makes it an important bedside resource. The first part of the book will explain the basics of dreaming and the history behind dream analysis and answer some common questions people have when it comes to dreams. Subsequently the book explains the physiological and psychological part of dreaming along with providing an idea about the kinds of dreams that you may experience. The imagery, numbers, and colors associated with dreams are explained in detail along with interpretations of some common dreams such as dreams about falling, cheating, chasing, loving, getting engaged, making out, crushing, flying, etc. What you will learn after purchasing Dreams: A brief history of dream interpretation Understanding the how and why of dreaming The beginner FAQs to dreaming Yes, it is important to remember and record your dreams! The various types of dreams More about dreams - the imagery Interpreting some common dreams

Book Information

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in Books > Audible Audiobooks > Religion & Spirituality > New Age & Occult

Customer Reviews

The author explains the stages of sleep that are well documented from research. They seem to be consistent with what I have read before. There are many books about interpretation of dreams that go into much greater detail, but this one gives you an idea of what particular dreams might mean. I

am not convinced that anyone knows for sure. I found the book interesting because I am fascinated with the subject. I didn't love it but I liked it.

I have always had dreams and wondered what it meant. This book teaches you brief history of dream interpretation and the understanding of how and why of dreaming. This book explains why it is so important to listen to inner voice and also explains the meaning of dreams through the power of dream interpretation. This book was definitely an interesting read!

Oh, super love this book. I always have dreams and most of my dreams do happen. And with the help of this book I can now understand what are the meanings of my dreams. I am also sure that anyone can relate with this book, I highly recommend this book for everyone to read.

Ever have this awesome dream that you start to forget as soon as you wake up? Well if you read this book you will know exactly what that dream meant and what you should do about it! Highly recommend this book!

This book is very basic. I was hoping it would be more in depth, but it's about 20 pages, large print and all information you could find for free on the internet.

The is hardly anything to this book. It is so sort and generic. I have no idea why they would charge as much as they did for something worth a dollar. If u are seeking a good dream book, look elsewhere

I guess I should have read the reviews before purchasing. Book is barely 30 pages. I was hoping for something more indepth. It's not worth the money at all. When I first open the package, I thought it was a children's book.

I have a better understanding of the different levels of sleep we are truly in! I suggest reading for a better understanding!

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